

Dojang Protocol

DeSantos Martial Arts ♦ 210 Main Street Toronto, On M4E 2W1 ♦ 416-699-5078 ♦ www.desantos.ca

Please take a moment to review these basic guidelines. We truly feel that adherence to these traditional “common courtesies” will greatly enhance yours and everyone’s enjoyment of the school.

- Please refer to our master Instructor as Kwan Jan Nim (Master instructor in Korean) all other instructors and staff should be referred to as Ma’am or Sir.
- Greet one another by bowing
- Bow before entering or leaving the dojang (Green Mat – training floor)
- If you are late for class, please wait for instructor to bow you in.
- Quietly stretch and prepare for your class at the back of the dojang.
- If crossing the dojang while another class is saying the student pledge or principles of Black Belt, please stand in “at ease” position until finished.
- Refrain from running back and forth across the floor while classes are in progress.
- Learn to tie your belt properly.
- Enter each class with spirit and energy for learning
- Work hard and encourage your teammates to work hard as well.
- Practice good hygiene; nails should be clipped, feet and hands should be clean and hair must not interfere with your training and uniforms should be clean at all times.
- Remove all jewelry
- No eating on the dojang floor or in the change rooms.
- Small children should be supervised and not allowed to climb, run or play loudly.
- If you bring a guest, introduce them to your instructors.
- Shoes and hats are not permitted on the dojang floor.
- During winter months, coats should be taken to the changing rooms and hung on the hooks provided, to prevent having clutter at the front door.
- Never forget your goal; Black Belt Excellence!