



CLASS TIMETABLE

MAIN STREET LOCATION

AS OF SEPTEMBER 2023



BROADVIEW LOCATION · 416-465-9696 · 603desantos@desantos.ca
 MAIN STREET LOCATION · 416-699-5078 · desantosmain@desantos.ca

(A) CLASSES Self-protection, sparring drills, kickboxing **(B) CLASSES** Forms, kicking techniques, weapons

	MONDAY (A)	TUESDAY (A)	WEDNESDAY (B)	THURSDAY (B)	FRIDAY	SATURDAY (B)
TINY CHAMPS & LITTLE CHAMPS BASIC Ages 3-7	5:00 – 5:30 PM	5:45 – 6:15 PM	5:00 – 5:30 PM	5:45 – 6:15 PM		10:00 – 10:30 AM
LITTLE CHAMPS BBT Ages 5-7	5:30 – 6:15 PM	6:15 – 7:00 PM	5:30 – 6:15 PM	6:15 – 7:00 PM		10:35 – 11:20 AM
YOUTH White to Green with Black Stripe	6:15 – 7:00 PM	5:00 – 5:45 PM	6:15 – 7:00 PM	5:00 – 5:45 PM		9:10 – 9:55 AM Family class
YOUTH ADVANCED & YOUTH BLACK BELTS Brown to Power Belt	6:15 – 7:15 PM	7:00 – 7:45 PM	6:15 – 7:15 PM	7:00 – 7:45 PM		9:10 – 9:55 AM Family class (Youth to Adult)
TEEN & ADULT All belts	7:15 – 8:15 PM	6:00 – 6:45 AM 7:45 – 8:45 PM	7:15 – 8:15 PM	6:00 – 6:45 AM 7:45 – 8:45 PM		9:10 – 9:55 AM Family class (Youth to Adult)
TEEN & ADULT BLACK BELTS	7:15 – 8:30 PM	7:45 – 9:00 PM	7:15 – 8:30 PM	7:45 – 9:00 PM		9:10 – 9:55 AM Family class (Youth to Adult)
BLACK BELT CANDIDATES						6:00 – 8:15 AM Main Street location
TOURNAMENT TEAM						6:00 – 8:00 AM Main Street location
DEMO TEAM					5:00 – 6:00 PM Main Street location	
LEADERSHIP TEAM					6:00 – 7:00 PM Main Street location	