



Please Note the change in class times on Monday and Wednesday

CLASS TIMETABLE

Main Street Schedule September - June

MAIN STREET LOCATION · 416-699-5078 · desantosmain@desantos.ca

BROADVIEW LOCATION · 416-465-9696 · 603desantos@desantos.ca



(A) CLASSES Self-protection, sparring drills, kickboxing **(B) CLASSES** Forms, kicking techniques, weapons

	MONDAY (A)	TUESDAY (A)	WEDNESDAY (B)	THURSDAY (B)	FRIDAY	SATURDAY (B)
TINY CHAMPS Ages 3-5	4:30 – 5:00 PM	5:45 – 6:15 PM	4:30 – 5:00 PM	5:45 – 6:15 PM		10:00 – 10:30 AM
LITTLE CHAMPS BASIC Ages 5-7	5:00 – 5:30 PM	6:15 – 6:45 PM	5:00 – 5:30 PM	6:15 – 6:45 PM		10:35 – 11:05 AM
LITTLE CHAMPS BBT Ages 5-7	5:00 – 5:45 PM	6:15 – 7:00 PM	5:00 – 5:45 PM	6:15 – 7:00 PM		10:35 – 11:20 AM
Youth Basic White, Yellow, Orange	5:45 - 6:30 PM	5:00 – 5:45 PM	5:45 - 6:30 PM	5:00 – 5:45 PM		9:10 – 9:55 AM Family class
YOUTH BBT Purple to Green W/ black stripe Belt	6:30 – 7:15 PM	5:00 – 5:45 PM	6:30 – 7:15 PM	5:00 – 5:45 PM		9:10 – 9:55 AM Family class
YOUTH ADVANCED Brown to Power Belt	6:30 – 7:15 PM	7:00 – 7:45 PM	6:30 – 7:15 PM	7:00 – 7:45 PM		9:10 – 9:55 AM Family class
TEEN & ADULT All belts	7:15 – 8:15 PM	6:00- 6:45AM 7:45 – 8:45 PM	7:15 – 8:15 PM	6:00- 6:45AM 7:45 – 8:45 PM		9:10 – 9:55 AM Family class
TEEN & ADULT BLACK BELTS	7:15 – 8:30 PM	7:45 – 9:00 PM	7:15 – 8:30 PM	7:45 – 9:00 PM		9:10 – 9:55 AM Family class
●BLACK BELT CANDIDATES						6 am Black belt 6:45 Power belt
●TOURNAMENT TEAM						6:00am -
●DEMO TEAM					5:00-6:00 PM	
●LEADERSHIP TEAM					6:00-7:30 PM	

- All Specialty class are at the Main Street Location (Demo, leadership, Candidates, Tournament)